



CITIZEN COMMITTEE FOR SUSTAINABLE HEALTH CARE IN THE TEMISCAMINGUE REGION

Members of the committee: Paul-Émile Barbeau, Jacques Bourgeois, Jean-Claude Brault, Yann Doherty, Stéphanie Hein, Raymonde Leblanc, France Lessard, Janine Piché, Nicole Rochon, François Valet.

Our committee exists since 2017. It was created to insure access and availability to quality health care on the entire Témiscamingue territory.

These health services should take into account the needs of our population, the particularities of our territory and must be adapted to these specific needs.

A web site (**temiscamingue.org**) is accessible to all citizens. However, as not everybody is comfortable with this way of communicating, we are proposing a survey in order to have access to your comments.

The committee's responsibilities are :

- Inform and consult the Témiscamingue population in a simple and efficient manner. Inform and consult regarding decisions, organisation and the manner in which the CISSAT delivers the health services.
- React firmly to all decision that does not respect our rights to quality health care services and to social services in a sustainable manner.
- Propose solutions to identified challenges.
- Rally the citizens if the decisions are inadequate and clearly explain the different challenges.

SURVEY

1. Age group :

Between 0-19 yrs 20-39yrs 40-59yrs 60-79yrs 80 et+

2. Sex:

Female Male Other (non-binary)

3. Sector where you live in the Témiscamingue region:

Centre North South East

4. Do you have access to different services in your sector (clinic)?

Yes No Satisfied Unsatisfied

Explain :

5. Were you affected by the recent cuts or changes concerning access to a family doctor, to a nurse or another health professional for health and social services?

Yes No

Explain :

6. Did you have to travel out of the Témiscamingue region or out of your area in order to receive health or social services ?

Yes No

Explain :

7. Is it relatively easy for you to travel in order to receive health or social services?

Yes No

Why ?

8. Do you feel you will have to stop receiving health or social services of any kind because of the travelling factor?

Yes No

Explain :

9. Do you have a positive experience to share with us regarding the health and social services that you are receiving?

10. Have you ever had a negative experience regarding the health and social services that you have received? Did this experience cause you stress, anxiety, worries or other that you would like to share?

11. Do you have a family doctor?

Yes No

If you don't have a family doctor, since how long? Explain if necessary.

12. On a scale of 1 to 5, what is your degree of satisfaction regarding the health and social services in the Temiscamingue area?

Circle the number that reflects your degree of satisfaction.

<u>Very unsatisfied</u>					<u>Very satisfied</u>
1	2	3	4	5	

Why?

Thank you for allowing us to help you receive the health and social services that meet your needs. Please know that the information will be treated in a confidential manner by the committee.

Please send your survey **by mail** to :

Comité citoyen pour des soins de santé durables

MRC du Témiscamingue

21, Notre-Dame-de-Lourdes, bureau 209 Ville-Marie (Québec) J9V 1X8

OR

Send by email : comitecitoyensante@gmail.com